

# Young Life: Lake Saranac

June 30 – July 6th, 2019

Lower Hudson Valley Young Life Staff:

Alexis Jacobsen (Young Life Coordinator): [alexisjacobsen1@gmail.com](mailto:alexisjacobsen1@gmail.com), 845-270-3188

## **Must Complete by June 19:**

- ✓ Registered Online Under Young Life Saranac
  - <https://lohud.younglife.org/Pages/Saranac-Village-Summer-Adventure.aspx>
- ✓ Camping Health, Consent & Release Form (instructions on the back)
  - <https://apps.younglife.org/HCFORM/Account/Login.aspx>
- ✓ Paid in Full Online
  - <https://lohud.younglife.org/Pages/Saranac-Village-Summer-Adventure.aspx>
- ✓ Prescription/Over the Counter Medical Consent Form (paper copy included)

### **What to Pack:**

- Summer clothes, sweatshirt for evenings & sneakers
- Pair of clothes/shoes that can be thrown away- just in case
- Neon or White Shirt- Camp Activity
- Toiletries (Bedding and bath Towels provided)
- Swimming Suit, Beach Towel, Flip Flops
- One Nice Outfit (Dress, Skirt, or Button Down Shirt)
- Water Bottle
- \$ for souvenirs for food from camp store (optional)
- Camera/Gopro (optional)
- Medication- Labeled with name (if applicable/will be collected )

### **What NOT to Pack**

- Device with internet connectivity (ipod, ipad, laptop, smartwatch)
- Phone (will be collected on bus and returned on bus trip home, there will be phones in the cabin to call home)
- Video Games
- Fireworks

## **Lake Saranac**

4014 State Route 30  
Saranac Lake, NY  
12983

**OFFICE NUMBER:**  
(518)891-3010

### **Departure & Return Information:**

**Sunday, June 30<sup>th</sup>** *Pick up location and time in the afternoon TBD*

- Make sure your child is fed before departure; Make sure your child has money for lunch at the snack shop

**Saturday, July 6th** *Pick up location and time in the afternoon TBD*

- Phones will be returned to kids on the bus and they will call their parents with an estimated time of arrival.



# Camping Health, Consent & Release Form

Go to:


<https://apps.younglife.org/HCFORM/Account/Login.aspx>

## First Time Using Online Health Form:

- ✓ Create an Account: set-up Username and Password
- ✓ Once logged-in Click Create New Form
- ✓ Complete 10 Step Process

## Returning User:


- ✓ Forgot your log-in? Click “Forgot Username/Password”
- ✓ Once Logged-in, past camp trips should be listed under “My Forms”

Click the copy form icon  (located under the column “Action”) to copy campers information from last trip and apply it to a new camp trip.

- ✓ Would you like to copy this form for? Click “Same Individual”
- ✓ Make sure Camp Trip Information in Step 1 is correct
- ✓ Check & Update any old information

## Completing the Form for Multiple Kids?

- ✓ Once you have created the Form for one child you may click the copy form

icon  (located under the column “Action”)

- ✓ Would you like to copy this form for? “Another Family member”
- ✓ After Information is copied, change camper’s name and update the 10 Step Process to reflect your other child.

## Note to ALL Parents

- ✓ Camping Health, Consent & Release Form MUST be completed prior to camp. Kids with incomplete forms will be unable to participate in camp activities.
- ✓ Please PRINT and BRING immunization records as a hard copy to trip leader (Alexis Jacobsen)

### **Complete 10 Steps**

#### Camper information (Child's Information)

- Camp Area: Saranac
- Area Name: Lower Hudson Valley
- Area Number: NY116
- Guest Type: Camper
- Camp Session: June 30- July 6

#### Contact Information

#### Accident Coverage

#### Health Care history

- Please upload record, or email to [lohudyl@gmail.com](mailto:lohudyl@gmail.com)

#### Health Care Recommendations

#### Protective Custody

#### Authorization for Treatment

#### Acknowledgment or Risk

#### Submit Form

#### Complete